

MON	TUE	WED	THU	FRI	SAT	SUN
		26 ASH WEDNESDAY Attend an Ash Wednesday service with your family. What does it mean to repent?	27 Lent lasts for 40 days. Read Genesis 7:12, Deuteronomy 29:5, and Mark 1:30 to find some other 40s in the Bible. Can you name any others?	28 One of the traditional pillars of Lent is fasting, which means giving something up to make more room for God. What could you give up this weekend?	29 Write a note today to tell a special friend, neighbor, or teacher THANK YOU for being awesome!	1 Read Matthew 4:1-11. What does it mean to be tempted?
2 The second pillar of Lent is almsgiving or service. Read Hebrews 13:16. Think about what you can do to help others this week.	3 Read Ecclesiastes 3:1-8. What differences do you see when winter changes to spring? Draw a picture of your favorite season.	4 Lent is a time to repent or say "I'm sorry" to God and others. Who do you need to say "I'm sorry" to? Read James 5:16.	5 The third pillar of Lent is prayer. Read 1 Thessalonians 5:16-18. What does it say about prayer? What would you like to pray for today?	6 Read 1 Corinthians 6:19-20 and thank God for your body. Do 40 jumping jacks and 40 toe touches.	7 Do you know someone who lives far away? Call them today or send them a special card in the mail.	8 Read John 3:1-17, the story of Nicodemus. John 3:16 tells us some amazing news about God's love. Can you memorize it?
9 Do you have a cross in your home? What does it look like? Draw, paint, or build a cross to display during Lent.	10 Try a different kind of fasting-- no screen time today (except for homework). Can you do it?	11 There are 66 books in the Bible. Can you name 40 of them without looking? Google which ones are the shortest and longest.	12 Read Matthew 6:9-13. Does this prayer sound familiar? Where have you heard it before?	13 Be extra helpful today! Hold doors for others, carry something for someone else, or give someone a compliment!	14 Can you think of 40 people, you can pray for today? What about 40 things you have to be thankful for?	15 Read Psalm 95. This psalm calls God a King and a Rock. What are some other words we use to describe God?
16 If you collect 40 cents every day this week, how much will you have to put in the church offering plate on Sunday?	17 Have you heard of an ABC prayer? Think of one thing for each letter of the alphabet and thank God for it!	18 Jesus was not the only person in the Bible who fasted. To learn about some others, read Deuteronomy 9:8-11, Daniel 10:2-3, Acts 9:1-9.	19 Lent is a time for forgiveness. Read Colossians 3:13. What does it mean to forgive?	20 Help others who are hungry! Find or buy some canned food to bring to church on Sunday!	21 Plant something this weekend and watch it grow as we get closer to Easter!	22 Read John 9:1-6. How did people treat the blind man? How did Jesus treat him?
23 Traditionally, fasting means giving up food. Read Matthew 4:1-4. What food would be hardest for you to give up.	24 We can serve God by caring for creation. Is there some type of plastic or trash you can give up for this week?	25 Help some of God's creatures in nature today! Make a bird feeder or put out some seed for our feathered friends.	26 Read Genesis 1:20-25. Can you name 40 kinds of birds? 40 sea creatures? 40 mammals? 40 reptiles?	27 Read Luke 5:15-16. Do you like to be alone? Why do you think Jesus wanted to be alone sometimes?	28 Take a walk outside today and look for signs of spring. How many can you find?	29 Read Psalm 130. Do you know someone who might be feeling sad today? Say a prayer for them.
30 Practice an act of service today and leave a friendly note of thanks for your mail carrier or garbage collector!	31 Why is the Easter Lily a symbol of Lent? Google it to see what you can find out!	1 How many different foods did you eat today? How can you help others who don't have enough food to eat?	2 Read Matthew 26:36. Jesus prayed in a garden in Gethsemane. What do you think the garden looked like? Draw a picture.	3 Do you know anyone who is sick? Say a prayer for them today!	4 Caterpillars changing to butterflies remind us of the new life we have in Jesus. Take a walk and look for caterpillars and butterflies today!	5 PALM SUNDAY Read Matthew 21:1-11. Have you ever been to a parade? What was your favorite part?
6 There are many Bible verses that show Jesus praying. Read Matthew 26:39. What do you think Jesus was praying for in this verse?	7 Read John 12:27-36. How do you feel when it is dark? Hide under a blanket and read the scripture again with a flashlight.	8 Read John 13:1-17. Why did Jesus wash his disciples' feet? When you take a bath tonight, pay attention to washing your feet. How does it feel?	9 MAUNDY THURSDAY Read John 13:21-32. What does it mean to betray someone?	10 GOOD FRIDAY Read John 19:16-27 and 40-42. This is a sad day because it is the day Jesus died. Spend 2 minutes sitting quietly. Thank God that Jesus was willing to die for us.	11 Read Mark 16:1-8. How do you think the people felt when they found the empty tomb? Come to Grace's Easter Egg Hunt at 9:30am.	12 EASTER SUNDAY Read John 20:1-18. Blow some bubbles and thank God for all your blessings as you watch the bubbles float up to the sky.

LENT 2020



**Lent is a time to reflect
and grow closer to God!
Follow along with your family
all through Lent
until Easter comes!**